



June 2023 Girls Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	29 Memorial Day	30 Weights 8:30 am-10 am	31 Weights 8:30 am-10 am	1 Weights 8:30 am-10 am	2	3
4	5 Weights 8:30 am-10 am Free Physicals at JHS	6 Weights 8:30 am-10 am	7 Weights 8:30 am-10 am	8 Weights 8:30 am-9:30 am Open Field 9:30 am-10:30 am	9	10
11	12 Weights 8:30 am Youth Camp	13 Weights 8:30 am	14 Weights 8:30 am	15 Weights 8:30 am League Game/Open Field	16	17
18	19 Weights 8:30 am Youth Camp	20 Weights 8:30 am	21 Weights 8:30 am	22 Weights 8:30 am League Game/Open Field	23	24
25	26 Weights 8:30 am Youth Camp	27 Weights 8:30 am	28 Weights 8:30 am	29 Weights 8:30 am League Game/Open Field	30	1



July 2023 Girls Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3 Dead Week	4 Dead Week	5 Dead Week	6 Dead Week	7 Dead Week	8 Dead Week
9	10 weights 8:30 am	11 weights 8:30 am	12 weights 8:30 am	13 weights 8:30 am League Game/Open Field	14	15
16	17 weights 8:30 am	18 weights 8:30 am	19 weights 8:30 am	20 weights 8:30 am League Game/Open Field	21	22
23	24 weights 8:30 am	25 weights 8:30 am	26 weights 8:30 am	27 weights 8:30 am League Game/Open Field	28	29
30	31 Dead Week	1 Dead Week	2 Dead Week	3 Dead Week	4 Dead Week	5